

**AUTHORIZATION TO FILE DOCUMENTS INCORPORATED  
BY REFERENCE BY DESCRIPTION**

*Submit this form to request an exemption from the requirements of filing in full textual material adopted by reference into regulations. Questions, contact Office of the Registrar of Regulations.*

① Agency: DMAS

② VAC Number/Chapter Title: 12 VAC 30-135; Demonstration Waiver Services

③ Effective Date of Final Regulation (leave blank for proposed stage): July 1, 2015

④ Name of Document Incorporated by Reference (include edition or effective/revised date):  
DSM-5

⑤ Summary or description of the document incorporated by reference:

The Diagnostic and Statistical Manual of Mental Disorders, 5th edition (DSM-V) is the standard classification of mental disorders used by mental health professionals in the United States and contains a listing of diagnostic criteria for every psychiatric disorder recognized by the U.S. healthcare system. It is published by the American Psychiatric Association.

⑥ Is a copy of the document incorporated by reference in custody of the agency and available to the public for inspection and copying as required by § 2.2-4103? ☒ YES ☐ NO

⑦ Document may be inspected at the following agency location:

Dept. of Medical Assistance Svcs  
600 E. Broad St., Suite 1300  
Richmond, VA 23219

Document may be obtained from the following entity (include website and cost of document):

American Psychiatric Association  
www.dsm5.org  
Price - \$199.00

⑧ Explain why it is impractical to file a copy of the document incorporated by reference:

This book is 991 pages long and is a copyrighted publication.

⑨ Attach a copy of the document cover, title page, and copyright page.

Requested by: Victoria Simmons 804-371-6043

Print Name/Telephone Number of Agency Regulatory Coordinator

Victoria Simmons  
Signature of Agency Regulatory Coordinator

6/26/15  
Date

Approved:

Jane Chappin  
Registrar of Regulations

6/29/15  
Date

---

# DIAGNOSTIC AND STATISTICAL MANUAL OF MENTAL DISORDERS

FIFTH EDITION

# DSM-5<sup>TM</sup>

---

gital  
viding  
1 from  
rs  
ew  
ccess.  
able  
e the  
into their

Copyright © 2013 American Psychiatric Association

DSM and DSM-5 are trademarks of the American Psychiatric Association. Use of these terms is prohibited without permission of the American Psychiatric Association.

ALL RIGHTS RESERVED. Unless authorized in writing by the APA, no part of this book may be reproduced or used in a manner inconsistent with the APA's copyright. This prohibition applies to unauthorized uses or reproductions in any form, including electronic applications.

Correspondence regarding copyright permissions should be directed to DSM Permissions, American Psychiatric Publishing, 1000 Wilson Boulevard, Suite 1825, Arlington, VA 22209-3901.

Manufactured in the United States of America on acid-free paper.

ISBN 978-0-89042-554-1 (Hardcover) 2nd printing June 2013

ISBN 978-0-89042-555-8 (Paperback) 2nd printing June 2013

American Psychiatric Association  
1000 Wilson Boulevard  
Arlington, VA 22209-3901  
www.psych.org

The correct citation for this book is American Psychiatric Association: Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition. Arlington, VA, American Psychiatric Association, 2013.

**Library of Congress Cataloging-in-Publication Data**

Diagnostic and statistical manual of mental disorders : DSM-5. — 5th ed.

p. ; cm.

DSM-5

DSM-V

Includes index.

ISBN 978-0-89042-554-1 (hardcover : alk. paper) — ISBN 978-0-89042-555-8 (pbk. : alk. paper)

I. American Psychiatric Association. II. American Psychiatric Association. DSM-5 Task Force.

III. Title: DSM-5. IV. Title: DSM-V.

[DNLM: 1. Diagnostic and statistical manual of mental disorders. 5th ed. 2. Mental Disorders—classification. 3. Mental Disorders—diagnosis. WM 15]

RC455.2.C4

616.89'075—dc23

2013011061

**British Library Cataloguing in Publication Data**

A CIP record is available from the British Library.

Text Design—Tammy J. Cordova

Manufacturing—R.R. Donnelley

**DSM-5 C**  
**Preface .**

**Introducti**  
**Use of the**  
**Cautionar**

**Neurodev**  
**Schizophr**  
**Bipolar an**  
**Depressiv**  
**Anxiety Di**  
**Obsessive**  
**Trauma- a**  
**Dissociativ**  
**Somatic Sy**  
**Feeding an**  
**Eliminatio**  
**Sleep-Wak**  
**Sexual Dys**  
**Gender Dy**