

Nurse Aide Education Program
Skills Record

Student Name _____ Facility Name _____

Rating Scale: S – satisfactory (student can perform the skill accurately with a minimum of prompting)

U – unsatisfactory (student requires significant prompting to perform the skill accurately)

* - skill identified in the Virginia Nurse Aide Candidate Handbook

Procedure	Skills Lab		Clinical		
	Lab Practice Date	Instructor Initial	Demo Date	S/U	Instructor Initial
1. Baths					
a. bed bath					
b. tub bath					
c. shower					
d. partial bath					
e. modified bed bath*					
2. Hygiene					
a. back care					
b. hair care					
c. nail care					
d. foot care*					
e. perineal care*					
f. catheter care*					
g. incontinent care					
h. shampoo					
3. Oral Care					
a. provide mouth care*					
b. clean dentures*					
4. Dressing					
a. dresses client with weak side*					
5. Bedmaking					
a. closed bed					
b. open bed					
c. occupied bed					

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	Lab Practice Date	Instructor Initial	Demo Date	S/U	Instructor Initial
6. Nutrition and Hydration					
a. feed dependent client*					
b. assist client with feeding					
c. check and serve tray					
7. Comfort Measures					
a. transfers bed to chair using transfer belt*					
b. positions on side in bed*					
c. assist client with wheelchair					
d. assist with use of bedpan*					
8. Infection Control					
a. wash hands*					
b. don/remove gloves*					
c. don/remove mask					
d. don/remove gown*					
9. Measure and Record					
a. temperature					
b. pulse*					
c. respirations*					
d. blood pressure*					
e. height					
f. weight*					
g. intake and output*					
h. food intake					

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	Lab Practice Date	Instructor Initial	Demo Date	S/U	Instructor Initial
10. Safety-Emergency					
a. use restraint alternatives					
b. side rails as ordered					
c. CPR (optional)					
d. dealing with obstructed airway					
11. Restorative Care					
a. apply knee-high elastic stocking*					
b. assist client to ambulate					
c. ambulate client using transfer belt*					
d. passive range of motion for knee and ankle*					
e. passive range of motion for shoulder*					
12. Post-mortem Care					
13. Attitudes of a Nurse Aide					
a. arrives on time					
b. uniform is complete					
c. neat and clean					
d. use appropriate medical terminology					
e. use appropriate language					
f. report to nursing staff before leaving unit					
g. report to instructor before leaving unit					

Nurse Aide Education Program

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Skills Record Comments

Instructor Comments:

Instructor Signature _____ Date _____

Students Comments:

Student Signature _____ Date _____